

### YOUTH RETREAT (SCM)

### Youth Application Package

The Federation of BC Youth in Care Networks (FBCYICN, or the Fed) is a youth-driven, provincial, non-profit organization dedicated to improving the lives of young people in and from care in BC between the ages of 14 and 24.

#### USE THE HANDY CHECKLIST TO MAKE SURE YOU'RE SUBMITTING A COMPLETE APPLICATION!

Read and signed the What to Expect section

Filled out and signed the Event Registration Form

Filled out and signed the Media Consent Form

Filled out and signed the camp's Acknowledgement of Risk and Release of Liability form

Read and signed the necessary Travel Agreements

Read and signed the Medication Policy

Read and understand the Fed Values Code

Send your completed application package by **March 9, 2020** to:

Email steve.smith@fbcyicn.ca

Fax 604-527-7764

Mail 500-625 Agnes St., New Westminster, BC V3M 5Y4

If you have any questions about the application package or how to submit it, please email steve.smith@fbcyicn.ca or call him at 604-527-7762 ext. 112.

### WHAT TO EXPECT

Our retreats bring youth in and from care from all across the province together to learn life skills, have fun, build lasting friendships, direct the work of the organization, contribute to government consultations, and build a provincial community. Our camps create a fun, safe environment where you can connect with other young people who are building a provincial network for youth in and from care.

Our SCMs are structured weekends that create space for free time, learning, information sharing and most importantly fun! What this means is that there is a high level of participation expected from our youth attendants. Workshops and consultations on a variety of topics important to the youth in care community are mandatory and we encourage all youth to find and use their voices to give feedback where asked. Participation in all activities in mandatory.

#### Media Consent

- There is a media consent form attached to this application package. Please fill in the consent form even if you do not consent to the use of your image.
- Any youth 18 and under that is currently in care cannot give themselves media consent.
- Failure to fill in the media consent form will be viewed as an incomplete application package.
- The Fed cannot control the distribution of photos or videos taken by youth or if those photos are shared on social media.

### Wake-Up Time and Curfew

- Choosing to participate in the SCM means that you agree to follow the wake up times and curfew that is in place.
- All participants must be up by 7:30am and prepared for morning activities and breakfast.
- You can *either* be in their cabin or in the quiet room at 11:30 PM. However, all participants *must* be in their cabins by 1:00 AM.

#### Recreational Activities

- When participating in recreational activities it is expected that all youth will behave in ways that put safety first.
- Misuse or unsafe behavior when participating in free time activities will result in your removal from the activity.
- Failure to fill in Zajac's Acknowledgement of Risk and Release of Liability Form will prevent you from participating in any outdoor free time activities including canoeing, archery, rock climbing, high ropes course and more.

### SCM Example Schedule (this is not an actual schedule for the retreat)

### Friday: Arrival Day

4:00 PM Arrive at campsite

4:00 - 5:00 PM Settle in and find cabin assignments

5:00 - 5:30 PM Territory acknowledgement

Welcoming SCM intro Housekeeping Camp rules Staff intro

Extreme Team intro

5:30 - 6:15 PM Dinner

6:15 - 6:30 PM Community partner updates

6:30 - 7:00 PM Large group guidelines

7:00 - 7:15 PM Break

7:15 - 8:45 PM Workshop

8:45 -11:30 PM Free time activities

#### Youth Aged 14-18

By signing below you acknowledge that you have read the above and understand what the weekend is about and what will be expected of you.

YOUTH SIGNATURE	DATE SIGNED (MM/DD/YYYY)	
GUARDIAN SIGNATURE	DATE SIGNED (MM/DD/YYYY)	

### Youth Aged 19-24

By signing below you acknowledge that you have read the above and understand what the weekend is about and what will be expected of you.

YOUTH SIGNATURE	DATE SIGNED (MM/DD/YYYY) _	
YOUTH SIGNATURE	DATE SIGNED (MM/DD/YYYY) _	



EVENT NAME		EVENT DATE(S)	
START TIME	END TIME	LOCATION	
ensure the safety and well clarify or ask questions ab you to help us identify ado is also used to send updat	-being of all participants at the Feout things you put on this form so litional supports (i.e. a support peous es and information to you throug	is used by the Federation of BC Youth in Care Networks (the Federation of BC Youth in Care Networks (the Federation We we can determine what kind of supports you need. We may alson) to attend the Fed event. The contact information you promout the planning process. This information will not be shared week the website or contact the office at info@fbcyicn.ca, 604.52	rker) to so need vide vith
and will not be considered	for approval. Filling out this appl	any question is blank, the registration form will be considered in cation form does not guarantee approval to attend any events. or emergency contact information that occur after you submit to	Please
Youth Contact Info	ormation		
		LAST NAME	
FIRST NAME		LAST NAME AGE MY GENDER IS	
BIRTH DATE (MM/DD/YY) We have gender-neutral sl	YY)eeping spaces available for folks v		
FIRST NAME  BIRTH DATE (MM/DD/YY)  We have gender-neutral sl would prefer to sleep in a	YY)eeping spaces available for folks von son-gendered space. Do you wan NOT SURE	AGE MY GENDER IS who identify as gender non-binary or gender neutral, and trans to	olks who
FIRST NAME  BIRTH DATE (MM/DD/YY)  We have gender-neutral sl would prefer to sleep in a  YES  NO [	eeping spaces available for folks vance, people of the second of the sec	AGE MY GENDER IS who identify as gender non-binary or gender neutral, and trans to sleep in a gender-neutral space?	folks who
FIRST NAME  BIRTH DATE (MM/DD/YY)  We have gender-neutral sl would prefer to sleep in a  YES NO [	eeping spaces available for folks with the contract of the con	AGE MY GENDER IS who identify as gender non-binary or gender neutral, and trans is to sleep in a gender-neutral space?  theyou to help you decide where you would be the most comforted.	folks who
FIRST NAME  BIRTH DATE (MM/DD/YY)  We have gender-neutral sl would prefer to sleep in a  YES NO  NO  IY PRONOUNS ARE (EX. S	eeping spaces available for folks value of the second of the space. Do you wan a staff member will connect with the second of th	AGE MY GENDER IS who identify as gender non-binary or gender neutral, and trans is to sleep in a gender-neutral space?  th you to help you decide where you would be the most comforted	folks who

### **Emergency Contact Information**

The person named below must be available 24 hours a day for the entire event in case of emergency, and must be over 19. FIRST NAME \_\_\_\_\_ LAST NAME \_\_\_\_ CITY \_\_\_\_\_ PROVINCE \_\_\_\_\_ POSTAL CODE \_\_\_\_\_ PHONE \_\_\_\_\_ PHONE (2) \_\_\_\_\_ EMAIL \_\_\_\_ Social Worker Contact Information If you are under 19. FIRST NAME \_\_\_\_\_ LAST NAME \_\_\_\_ ADDRESS CITY \_\_\_\_\_ PROVINCE \_\_\_\_\_ POSTAL CODE \_\_\_\_\_ PHONE \_\_\_\_\_ PHONE (2) \_\_\_\_ EMAIL \_\_\_\_ **Travel Details** Do you need travel arrangements made for you? ☐ YES If yes, please select one of the following options: ☐ PARTIAL You will be dropped off at the Fed office to board the bus. Please also see the attached Travel Agreement forms. □ FULL You will need travel from home to the Fed office. □ NO If no, please explain: 1. How you will get to the event? \_\_\_\_\_ 2. Who will be responsible for getting you to the event?

Is there any other information the Fed needs regarding your travel to or from the event?

Note: Please DO NOT book travel until you have been approved to attend the Fed event. A Fed staff member will contact you to let you know if your application has been approved.

3. What time will you arrive at the event?

4. Who will pick you up at the end of the event?

### **Health Information**

This information is collected to ensure the safety, health and well-being of all participants at the Fed event. It is important that all the questions are answered honestly and completely. The Fed can only provide appropriate support, assistance and intervention based on the information provided. Leaving a question blank is not an option as the Fed must be aware of all health information. If we discover we have not been advised of important health information in advance, the Fed reserves the right to refuse a participant from attending the event.

		ve have not been advised of in ng the event.	nportant health information	n in adva	ance, the Fed reserves th	ne right to refuse a participant
CARE	CARD	NUMBER (MUST PROVIDE IN	CASE OF EMERGENCY) _			
		ee our attached Medication Policy. a separate list.	. If there is not enough room o	n this for	m to list all the medications	s you will bring to the event,
Do yo	u hav	ve any dietary restriction	s (personal preference	s do no	ot count)?	
	NON					
	VEGA No an	N imal products	☐ NO PORK		OTHER (PLEASE SPECI	FY):
П		TARIAN	☐ NO POULTRY			
	No me		☐ NO SEAFOOD			narked down on the registration ided a special dietary meal at
	_	O-OVO VEGETARIAN at dairy and eggs	□ NO DAIRY		the event. A list is kept by the Fed staff of who has die restrictions and this list will be enforced.	
	NO R	ED MEAT	■ NO NUTS			
Do yo		ve any allergies (check all	that apply)?			
	NON	E				
	HAY F	FEVER (PLEASE SPECIFY)				
	ANIM	1ALS (PLEASE SPECIFY)				
	INSE	CTS (PLEASE SPECIFY)				
	MED	ICATIONS (PLEASE SPECIFY) _				
	FOOE	O (PLEASE SPECIFY)				
	ОТНЕ	R (PLEASE SPECIFY)				
Do you	take r	nedication for any your allergi	es?			
	YES	If yes, provide some information	tion about your medication	(s):		
		Name			Dose	Time(s)
		Name			_ Dose	Time(s)
		Name			Dose	Time(s)
	NO					
GUA	ARDIAN	I'S INITIALS AS VERIFIED:				

Do you hav	e any medical he	alth conditions (check	all that apply)?	?	
☐ NONE					
☐ ASTH	MA	☐ HEPATITS A/B		ARE YOU PREC	GNANT? If yes, how far along?
☐ DIABE	ETES	☐ HEPATITIS C			
☐ HEAR	T DISEASE	☐ HIV/AIDS		OTHER HEALTI	H CONDITION NOT LISTED:
☐ EPILE	PSY	☐ ADDICTION			
Do you take m	nedication to treat yo	ur health conditions?			
☐ YES	If yes, provide some	information about your me	dication(s):		
	Name			Dose	Time(s)
					Time(s)
					Time(s)
□ мо					
_	'S INITIALS AS VERIFI	ED:			
-	-	Ith concerns or condit	ions (check all	that apply)?	
□ NONE		7			
☐ ADD/A	•	OCD	☐ ANGER ISSU	_	OTHER MENTAL HEALTH CONDITION NOT LISTED:
☐ ANXIE	,	FASD	SCHIZOPHR		
☐ DEPKE	SSION [	SELF-HARM	☐ EATING DIS	ORDER	
Do you take m	nedication to treat yo	ur mental health concerns	or conditions?		
☐ YES	If yes, provide some ii	nformation about your med	dication(s):		
	Name			_ Dose	Time(s)
	Name			Dose	Time(s)
	Name			_ Dose	Time(s)
□ NO					
GUARDIAN	I'S INITIALS AS VERIFI	ED:			
Do you hay	e any visible or in	visible disabilities you	ı would like us	to know ahou	+2
	•	any supports you would n			
□ NO					
GUARDIAN	N'S INITIALS AS VERIFI	ED:			
Do vou have	e any other needs (	or concerns that the Fed	l should he awa	re of or may no	ed to pay special attention to?
=	If yes, please describe		i si louiu be uwai	c or or may no	ed to pay special attention to:
☐ NO					
GUARDIAN	I'S INITIALS AS VERIFI	ED:			

Criminal I	History	
•	n convicted of a criminal offence? inal history does not automatically	mean that you won't be able to attend.
□ NO	☐ YES If yes, please descri	be.
Are you on pro	obation?	
□ NO	☐ YES If yes, please provid	de your probation officer's contact information.
	FIRST NAME	LAST NAME
	ADDRESS	
	CITY	PROVINCE POSTAL CODE
	PHONE	EMAIL
GUARDIAN	N'S INITIALS AS VERIFIED:	
Funding I	nformation	
_	Aged 19-24	
	the Fed to pay for you to attend the	e event?
_ YES	. , ,	
□ NO	If no, an invoice will be sent to the	address listed under Youth Contact Information.
Youth	Aged 14-18	
	I the invoice for the event be sent?	*
☐ SOCIA	L WORKER	
ORGA	NIZATION (PLEASE NAME)	
☐ OTHER	₹:	
	Name	Phone
	Address	
	City	Province Postal Code

<sup>\*</sup>If social worker is unable to pay for youth 18 and under please provide explanation.

By signing below, I understand that:

- 1. My participation may be restricted, or I may be required to leave the event if the questions on this registration form have not been answered completely and honestly or if I break the Values Code (see attached).
- 2. If I do require special attention or do need a caregiver for daily activities that it is my responsibility to have someone available for my needs.
- 3. I must tell the Administrative Coordinator of any changes to the information provided on the registration form BEFORE my arrival at the event.
- 4. If I am under 19, the Fed may contact my caregiver and/or social/youth worker to confirm the information provided.
- 5. By signing, I confirm that all information provided on the registration form is accurate and complete.

YOUTH SIGNATURE	DATE SIGNED (MM/DD/YYYY)
GUARDIAN SIGNATURE	DATE SIGNED (MM/DD/YYYY)



BY COMING TOGETHER, WE'RE NOT ALONE!

### **Media Consent Form**

During events and activities hosted by the Federation of BC Youth in Care Networks, such as Steering Committee Meetings, Holiday Parties, Awards Ceremonies, Special Events, etc., we take photos/videos/audio recordings that include young people, alumni, and adults. We use these photos/videos/audio recordings in our Power Pages magazine, on our website, in reports, and sometimes in information sheets and brochures. It is Fed policy that names, ages or addresses are not used to identify youth under the age of 19 in these photos/videos/audio recordings. Social workers, please note that this is in line with MCFD policy for children and youth in care.

Consent: I hereby give the Federation of BC Youth in Care Networks, its employees and those acting with its authorization the right and permission to use and/or publish photos/videos/audio recordings of me as outlined below. I hereby waive any right to inspect or approve the finished media. Signing this form will be deemed as consent with the above. A parent or guardian must sign this release form if the individual photographed/video is under the age of 19 years. If the youth/participant are under the age of 19 both signatures of participant and guardian must be signed.

I hereby authorize the Federation of BC Youth in Care Networks to allow photos/videos/audio recordings to be taken or used for the following (select yes or no):

☐ YES	□ NO	Power Pages & magazines (including cov	ers)				
☐ YES	□ NO	Reports & info sheets (including covers)					
☐ YES	□ NO	Promotional materials or videos (brochu	res, posters, presentations, ads, etc.)				
☐ YES	□ №	FBCYICN website					
☐ YES	□ №	FBCYICN social media (Facebook, Instagr	FBCYICN social media (Facebook, Instagram, Twitter, YouTube)				
Note: We will do o social media.	our best to ensu	re youth's privacy is respected but we cannot co	ntrol other youth posting photos/videos/audio recordings to				
FIRST NAME _		LAST N	IAME				
BIRTH DATE (M	IM/DD/YYYY)	AGE	MY GENDER IS				
MY PRONOUNS	S ARE (EX. SHE	E/HER/HERS)	ADDRESS				
CITY		PROVINCE	POSTAL CODE				
PHONE		PHONE (2)	EMAIL				
YOUTH SIGNATU	JRE		DATE SIGNED (MM/DD/YYYY)				
GUARDIAN SIGN	IATURE		DATE SIGNED (MM/DD/YYYY)				
	ot given, plea	ase indicate why:	Please note that if you have given consent and want it changed, you must notify us immediately.				
	ate safety cond		Phone: 604-527-7762				
Other (p	iease specify):		Email: info@fbcyicn.ca				



### Acknowledgement of Risk and Release of Liability

For participants Under the Age of Majority in the province or Territory in which activities are provided by the Zajac Ranch for Children.

Every person must read and understand this waiver before participating in Zajac Ranch Programs
Initial Each Item Below after Reading and Understanding each item;
I am aware that there are inherent dangers, hazards and risks associated with activities that include but are not limited to Equine activities, High Ropes/Low Ropes course, Rock Climbing Wall, Boating and Swimming.  2. I am aware that the "Risks" of such activities mean those dangerous conditions which are associated with participation and observing Zajac Ranch activities. Those Risks include but are not limited to:
<ul> <li>A) the propensity of any equine to behave in ways that may result in injury or harm to persons on or around them and to potentially collide with, bite, or kick other animals, people or objects;</li> <li>B) the unpredictability of equines reaction to such things as sounds, sudden movement, vibrations, unfamiliar objects, persons or other animals and hazards such as subsurface objects;</li> <li>C) Cuts and abrasions resulting from skin contact with the climbing wall, high ropes course, swimming dock, boats or any other surfaces;</li> <li>D) Rope abrasions, entanglement and other injuries resulting from activities on the course such as, but is not limited to climbing, lowering on ropes, spotting, lifting, belaying or rescue techniques;</li> <li>E) Failure of ropes, harnesses or climbing holds or other equipment</li> <li>F) Failure to follow safety procedures set out by the Equestrian Director, High Ropes instructor, Life Guards and all other trained staff</li> </ul>
3 In entering into this agreement, I/we am/are not relying on any oral, written of visual representation or statements by Zajac Ranch , its officers, employees, guides/ instructors, agents of representatives (collectively the staff) or any other inducement or coercion to go on the program only of my own free will.
4. I/we agree to participate and follow the rules and directions of the Zajac Ranch instructors with regards to rules and safety requirements.
5. I authorize the Zajac Ranch Director, Medical Director or His/her appointee, in the event of an accident or illness affecting my child to authorize on my behalf all procedures that include but are not limited to; admission into the hospital or all necessary treatment therein that may be deemed necessary for my child's care and well being. Such action will only be taken when immediate contact cannot be made with emergency contact. It is understood that Zajac Ranch and its staff are not responsible for the cost of medical care or any other associated expenses.
6. I confirm that I have had sufficient time to read and understand this waiver in its entirety. I understand that this agreement represents the entire agreement between myself as a Parent/Guardian and the Zajac Ranch for Children. I am at an age of legal consent. I agree that the agreement will be binding upon out heirs, next of kin, executors, administrators and successors signing it and I agree that this agreement shall be governed in all respects by and interpreted in accordance with the laws of Canada.
Do you have any Existing Health, mental or physical condition (s) that precludes climbing or swimming? Yes No
Please Print Clearly
Participants Name Date of Birth
Parent/Guardian's Name
AddressProvincePostal Code
Signed this day of, 20 (Signature of Parent/Guardian)



### **Travel Agreement for Travel Directly Provided by the Federation**

This agreement applies to when a youth participant aged 14-24 travels with a staff member or adult support in a vehicle to an event that the Fed is attending or is hosting.

When a participant is traveling with an adult support or staff member, the Federation of BC Youth in Care Networks requires the driver to have the following:

- A clean driver's abstract from ICBC,
- A Criminal Record Clearance Letter with Vulnerable Sector Check, and
- A Class 5 license

By driving a participant, the driver agrees to:

- Act in a way that is safe and will not endanger themselves or their passenger(s) while travelling to the event, and
- Be at the agreed meeting place and present at the agreed time to be picked up. The driver (if
  not Fed staff) will have the contact information of a staff member in case an emergency arises
  and things need to be changed, who will notify the participant.

By signing below, the youth participant (and their guardian, if the youth is 18 and under), agrees that:

- They will act in a way that is safe and will not endanger themselves, the driver, or any other passenger(s) while travelling to the event,
- They will be at the agreed meeting place and present at the agreed time to be picked up. The participant will have the contact information of a staff member (who will notify the driver if the driver is not staff) in case an emergency arises and things need to be changed, and
- Youth possibly may be alone in the vehicle with the driver or with other youth participants, staff members, or adult supports. If these arrangements do not work for either the participant or guardian, alternative options can be explored.

YOUTH SIGNATURE	DATE
GUARDIAN SIGNATURE	DATE

Please contact us if you have any questions about this agreement.

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### **Travel Agreement for Travel Pre-Arranged by the Federation**

This agreement applies to when a youth participant aged 14-24 is travelling to a Fed event via travel arrangements that have been made by Fed staff (i.e. when a youth travels to the lower mainland for a Youth Retreat).

The Fed is responsible for the safety of the youth participant:

- During the event,
- When they are at the Fed office prior to or following the event, and/or
- When they are in a vehicle with a staff member or adult support volunteer who has picked them
  up or is dropping them off (this includes any travel from the Fed office to the event if the event
  is off-site)

The Fed is not responsible for the safety of the youth participant:

When the youth is travelling without an adult support via travel arrangements made by Fed staff

If the youth participant is 18 or under they or their guardian is not comfortable with them travelling without an adult support, the youth or guardian may need to make their own travel arrangements, or attend the event with their own adult support, who would need to fill out an Adult Support Event Registration form to attend.

While we are not responsible for the safety of youth participants travelling without an adult support, we will work to make the youth's travel experience as comfortable as possible, by providing all necessary travel documents before the trip, being available to answer any questions before and during the trip, and doing our best to provide rides to and from travel hubs (airports, bus stations, ferry terminals, etc.) when necessary.

By signing below, the youth participant (and guardian if the youth is 18 and under), agrees that:

- They are responsible for the youth's safety while they are travelling without an adult support,
- The youth will use the travel that has been booked for them

Please contact us if you have any questions about this agreement.

 The youth or guardian will not be reimbursed for any additional travel they book themselves if they miss the travel the Fed has already arranged (exceptions can be made)

YOUTH SIGNATURE	DATE
GUARDIAN SIGNATURE	DATE

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### Federation of BC Youth in Care Networks Event Medication Policy

For the safety of all youth attending a Fed event, we require that participants turn over their medication to the designated adult support or staff member (youth will be told who will hold their medication at the event). The medication staff will hold all youth participants' medication in a locked bag and will make it available for participants as they need it. This includes all prescription and non-prescription (Tylenol, Advil, Midol, Gravol, etc.) medications. All medications must be their original packaging or blister packs. Prescription medications must have a label with the youth's name and dosage. The only medication youth do not need to turn in is birth control.

Youth participants are responsible for ensuring they take their medication at the prescribed time and dosage. They will receive one reminder from the medication staff. Medications will be made available whenever they are needed.

Please note that Fed staff cannot provide any non-prescription medications (Tylenol, Gravol, etc.) to youth, although youth may bring their own, give it to the medication staff for safekeeping, and access it as needed.

#### Youth Aged 14-18

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J

13



### Youth Aged 19-24

l,	, l	nderstand that the Federation of BC Youth in Care Network cannot be
responsible for monit	toring over t	ne counter or prescribed medication and agree that I am responsible
for managing my owi	n medication	
		nderstand that a Federation of BC Youth in Care Networks adult nalocked bag and will provide access to it as needed.
		nderstand that it is my responsibility to take my medication on time as reminded once by the adult support holding the locked med bag.
I understand how my	condition w	ill be affected if I were to stop taking medication without a doctors
instructions:	YES	NO
YOUTH SIGNATURE_		DATE SIGNED



BY COMING TOGETHER. WE'RE NOT ALONE

# VALUESCODE

The Fed Values Code is an evolving document that is a collection of values that all youth members, participants, staff and adult supports are accountable to when attending or participating in Fed-run programs, events, outings, and social media. Disregard for the Values Code will have consequences that may include removal from an event or activity and future events or activities. The Fed staff are committed to ensuring that Fed events are safe and comfortable for all youth to participate in.



### THE FED VALUES

### Acceptance & Tolerance

Accept people for who and what they are and their experiences. Recognize that even if we disagree, we can still have positive and meaningful connections.



### THE FED VALUES

### **Honesty**

Lying and stealing create an adverse and unsafe environment. Please help maintain the positivity of Fed events by employing honesty. Always feel free to express your honest opinions or concerns.



### THE FED VALUES

## Respect for the Shared Space & Land We Use

The Fed acknowledges that many of our events take place on unceded territories in BC. We will honor the land we use by leaving it as we found it, and respecting others that use the space.





### THE FED VALUES

### Kindness & Consideration

Respect inclusive and preferred pronouns and avoid the use of derogatory language. Express yourself with respectful words. Hate speech, offensive language and discrimination of any kind (gender, race, sexuality, age, religion, ability, size, etc.) is not tolerated and will result in one warning, followed by removal from the Fed event or space if the behaviour continues.

Examples of derogatory language include, "That's so gay" (offensive to the LGBTQ2S community), "You guys" (offensive to gender non-binary and gender non-conforming youth), "That's crazy" (offensive to those with mental health struggles), etc.



### THE FED VALUES

### Gratitude

If you appreciate someone for their words or actions, let them know!



## THE FED VALUES Safety & Privacy

Fed events are safe spaces for all. Weapons and violent or aggressive words, actions or threats will not be tolerated. We respect everyone's right to privacy. Youth cannot enter rooms or cabins to which they are not assigned.



### THE FED VALUES

### Participation & Cooperation

While participating in a Fed event, engage in the ways you are able to, stay on site for the duration of the event, listen to staff and adult support instructions and ask for a break or space if you need it.



### THE FED VALUES

### Discretion

Respect the boundaries, privacy and personal space of others. Sexual contact is not appropriate while at Fed events. Physical contact and taking photos of someone can make them uncomfortable; let's minimize this by asking before touching each other and asking before taking ohotos.



### THE FED VALUES

### **Spaces Free of Prohibited Substances**

Leave alcohol and illicit drugs at home and sign in all medication to staff. Be mindful that there are folks in recovery, and they should not have to be worried about exposure and relapsing in this environment. Be mindful that there are underage youth at Fed events. The use of prohibited drugs or misuse of prescription drugs will result in immediate removal from the Fed event with a follow up meeting to decide participation in future Fed events. Please note that while attending Fed events, no members, alumni, staff, adult supports or board members can enter age exclusionary establishments like bars and clubs.

Examples of prohibited use or misuse are being in possession of marijuana/alcohol, dosage abuse, selling or sharing prescription medication, selling cigarettes, consuming energy drinks, etc.





### THE FED VALUES

### **Confidentiality**

The Fed respects folks' confidentiality and consent. Be mindful when taking photos and sharing stories at Fed events. Not everyone consents to having their photos and/or stories shared publicly (i.e. social media). Our goal is to create an environment where youth feel empowered to share their stories without fear of it being shared without their consent.

### THE FED VALUES Unity

We come together to make connections and great memories. Make an effort to include everyone and empower one another to do our personal best. Be willing to meet people where they are at. Work to understand that our individual experiences and trauma impact us all differently.